

Course Offer Guide

The Course Offer Guide is an integrated tool within the UniSQ Handbook designed to help students plan their studies with confidence. It provides a clear overview of:

- Course availability across the academic year (e.g. Trimester 1, Block 2).
- Delivery mode for each course, whether online, on-campus, or external.
- Campus offerings, showing where each unit is available.

This guide supports informed decision-making by allowing students to explore flexible study options and align their enrolment with personal and academic goals.

Export Information

Details in this file are accurate as at the date of export/printing and are subject to change during the year and from year to year. This document is provided to enable users to make notes and annotations, as needed.

Contents within the Course Offerings section of this document are a condensed version of the UniSQ Handbook. For detailed information, check <https://handbook-guide.unisq.edu.au/program/2026/GSCD>.

Once exported, UniSQ will no longer accept this document as a source-of-truth for curriculum content. Users must check with source systems to confirm the accuracy of data after export.

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Sources

- [UniSQ Handbook](#)
- [UniSQ Course Offer Guide](#)
- [UConnect](#)

Legend

Abbreviations used include:

Code	Meaning	Colour
TR1-TR3	Trimester 1-3	-
BL1-BL6	Block 1-6	-
YL1-YL3	Year-long 1-3	-
RES1-RES8	Research 1-8	-
ON	On-campus	UniSQ Gold
OL	Online	UniSQ Dark Plum

Code	Meaning	Colour
EXT	External	UniSQ Fire Sky red
Mixed (e.g. ON / OL)	More than one mode (e.g. On-campus / Online)	UniSQ Soft Pink

GSCD - Graduate Diploma of Strength and Conditioning

Program Code	GSCD
Program Type	Postgraduate
Credit Points	8
UniSQ Handbook	https://handbook-guide.unisq.edu.au/program/2026/GSCD
Course Offer Guide	https://course-offer-guide.unisq.edu.au/2026/GSCD.html

Program Rules

The program consists of 8 units of study including 2 x 2-unit core courses comprised from a selection of approved courses.

Course Offerings

Core (7 Units)

Course
SES5000 - Fundamental Principles of Strength and Conditioning 2.00 Unit(s) No requisites **Not Offered**
SES5001 - Scientific Principles of Strength and Conditioning 2.00 Unit(s) No requisites **Not Offered**
SES5101 - Athlete Testing and Monitoring in Sport 1.00 Unit(s) No requisites **Not Offered**
SES5102 - Sports Nutrition and Performance 1.00 Unit(s) Course Pre-requisites: Course Pre-requisites: (Program MASC OR Program GSCC OR Program GSCD) **Not Offered**

Course

SES5103 - Communication, Leadership and Negotiation in Sport
1.00 Unit(s)
No requisites
Not Offered

Selection Units (1 Units)

Students must select 1 of the following courses

Course

SES5106 - Injury Prevention and Rehabilitation for Athletes
1.00 Unit(s)
No requisites
Not Offered

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